

Patient and Public Involvement How you can help our injury research

Saving life, Rebuilding lives



www.c4ts.qmul.ac.uk

Patient and Public Involvement

Why we need you

Who are the Centre for Trauma Sciences (C4TS)?

We are a research team made up of health care professionals – doctors, nurses, therapists, a clinical trials teams and scientific researchers.

What is Trauma?

Our research team studies physical trauma and its effects on the body. Trauma is a disease caused by injury, which can either be blunt or penetrating. Blunt trauma can be caused by falls, road traffic crashes; crush injuries and assaults, whereas, penetrating trauma includes injuries caused by being shot, stabbed or falling onto a sharp object.

What do we do?

As a group, we conduct research into how trauma effects the body and how this affects recovery. To do this we conduct clinical trials involving trauma patients.

Clinical trials can be observational or interventional.

Observational studies: this type of research does not alter the patients care. Patients clinical data are collected and blood samples are collected in order to find out more about how bodies react to injury.

Interventional studies: this type of research tests new medicines, techniques, or systems to compare them to existing medical care. The research doctor may alter some aspects of patient care. These trials are rigorously monitored to ensure safety.

What is Patient, Public Involvement (PPI)?

It is important that we involve patients and the public in our research to make sure that their views, opinions and experiences are listened to, 'PPI' or Patient and Public. involvement refers to engaging interested patient and public members in actively contributing to the planning and conduct of research and clinical trials. People wishing to participate in a PPI group can be involved throughout the study, from its conception to contributing to how findings are disseminated to the wider population. PPI does not involve being recruited into our clinical trials or actively participating in the study itself. You can find out on our Patient/ Public Advisors for Injury Research web page: c4ts.qmul.ac.uk/get-involved/pair







Why do we want you to involved?

We appreciate the unique perspective patients and interested members of the public can provide throughout all stages of our research. We wish to create and support an active and engaged PPI group with whom we can consult with on existing and future projects.

Who can get involved?

PPI is inclusive and anyone interested in our research can become involved; both long term or for one off discussions groups. Patients, family members and interested members of the public can be involved. People wishing to take part can get involved in all stages of our research; from the initial trial development, to providing input on existing projects and ultimately to the dissemination of study findings.

What will you get back?

We will provide training introducing you to clinical trials and our research

You will have the chance to influence how our clinical trials are run and reported

You may become involved in contributing to our ground breaking studies which will ultimately improve trauma patient's care

Interested? Please get in touch – we'd love to hear from you!

Email: n.skeltys@gmul.ac.uk



What activities can you contribute to?

- Help compose and proof read documents used in our research to ensure information is clearly delivered to patients and relatives
- Join an advisory or steering group to give a lay or patient opinion
- Take part in one-off meetings or discussion groups
- Be involved in directing future areas of research focus
- Help to develop new leaflets and other literature for patients involved in research
- Help with the preparation of new grant submissions for new trials and research projects
- Assist in new ways to disseminate our research to make sure patients and families remain engaged with our team





For further information contact: Trauma Sciences

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