

# MTN-11 Rehabilitation

Birmingham  
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## *Summary of key points*

- The current Rehabilitation Prescription (RP) for Best Practice Tariff will remain in place for 2017 and 2018;
  - Peer Review Measure: <https://www.tquins.nhs.uk/?menu=resources>
  - Original PBR Guidance: [https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/214902/PbR-Guidance-2013-14.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/214902/PbR-Guidance-2013-14.pdf)
- When a patient is discharged/transferred from a Major Trauma Centre, there is a requirement for:
  - Rehabilitation summary and plan
  - Medical summary of injuries and management
  - Medication plan
  - Plain-English version of all of the above for the patient or next of kin
  - Clear written plain-English advice on wound care etc. and expectations with regard to mobility / work / education / driving
  - Written arrangements for outpatient reviews
  - A named point of contact for further advice
  - Discussion with Key worker to go through this information
- This “*Major Trauma Discharge Document*” needs to be kept/accessed by the patient with the facility to be updated as recovery proceeds. Patients will be asked to bring the document with them to outpatients and rehabilitation visits.
- A number of information systems have been developed to facilitate the above. Moving to a single information system throughout NHS-England is not feasible but all local systems will need to provide the core requirements and these will become part of the National Peer Review Measures.
- When the patient is discharged from the Major Trauma Centre, there is a requirement for some data collection to allow a demand & capacity gap analysis of rehabilitation facilities. This data should include the date at which the patient was deemed medically fit for transfer or discharge, when they were assessed and transferred.
- Audit data on outcome needs to be collected on all patients and not just those requiring specialist rehabilitation. The minimum data set must be small and easy to collect and submitted into TARN to enable national comparison of functional outcome of trauma patients.
- Within a Trauma Network, all Trauma Units and Major Trauma Centres should be using the same *Major Trauma Discharge Document* and the Network must ensure that these can be used within Trauma Units and passed to Rehab Units.
- A multidisciplinary e-working group will be formed to develop more detailed recommendations for the contents of the *Major Trauma Discharge Document* and the core dataset to be collected.
- Suggestions for a change in the term “Rehabilitation Prescription” to be polled.