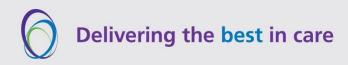
Meeting the challenge

Recovery & Reablement in an MTC Developments within QEHB

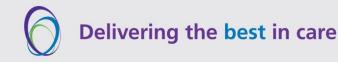
Hannah Farrell Clinical Specialist Physiotherapist Neurotraumatology



University Hospitals NHS Birmingham

Presentation Overview

- MTC Tracker
- Electronic Rehabilitation Prescription
- RCS-E (Needs & Gets) & Barthel Index
- QEHB Recovery & Reablement (R&R)Project & Pathway Development
- QEHB Recovery & Reablement Tracker





MTC Tracker (Version 2)

MTC Tra Major Trauma R									🚖 🕡 🗳
Filter and Sort Patients									
	Arrival: 01/02/2	015	2/2016	2	Rehabilitation ()	Onward Referral	Discharge 💿	New Patient	Find
Status: Active	Amivai: 01/02/2	to: 01/	2/2016	•	Kenabintation ©		Jischarge O	New Patient	1110
Referral: All	Sort: O Arriva	al 🔘 Name 🔘 L	ocation	© т∪ ©	Consultant				
Filtered 70 active patients									
Name	Unit	Arrival	Time	Entry	Current Location	Key Worker	RPP Front-Sheet	RPP Part-Date	RPP Full-Date
Select 😑		31/01/2016		ED	WCCB	Monica Devi	Yes	01/02/2016 10:38	
Select			14:00	Ward	W409		Yes	-	-
Select		31/01/2016		ED	W410				
Select 😑		31/01/2016		ED	wccc	Hannah Farrell	Yes	31/01/2016 09:35	
Select 😑		31/01/2016	02:50	Ward	W409	TBC	Yes	31/01/2016 16:31	-
Select 🔴		31/01/2016	02:44	ED	W412	TBC	Yes	31/01/2016 16:07	-
Select 🔴		30/01/2016	22:38	ED	wccc	Hannah Farrell	Yes	31/01/2016 10:38	-
Select 🔴		30/01/2016	14:37	ED	W409	N/A	NA	-	
Select 🔴		30/01/2016	11:50	ED	WCCB	TBC	Yes	31/01/2016 10:09	-
Select 🔴		30/01/2016	05:36	ED	WCCC	Samantha Illingworth	Yes	30/01/2016 17:28	-
Select 🔴		29/01/2016	06:35		W412	TBC	Yes	29/01/2016 16:02	-
Select 😑 🔴		28/01/2016	14:12	ED	WCCB	Monica Devi	Yes	29/01/2016 13:50	-
Select 😑		28/01/2016	12:36	ED	W410	Jack Jeffrey	Yes	29/01/2016 09:30	-
Select 🔴		28/01/2016	07:21	ED	WCCC	Samantha Illingworth	Yes	28/01/2016 15:24	-
Select 🔴		28/01/2016	00:29	ED	W412	TBC	Yes	28/01/2016 14:20	-
Select 🔴		27/01/2016	22:35	ED	W407	Steph Bright	Yes	28/01/2016 11:00	-
Select 🔴		27/01/2016	22:19	ED	WCCC	Francine Cox	Yes	28/01/2016 14:52	
Select e		27/01/2016	08:00	ED	W412	Louisa Johnson	Yes	29/01/2016 08:03	
Select 🔴		26/01/2016		ED	W412	Jane Young	Yes	27/01/2016 12:05	
Select O		25/01/2016	04:59	ED	W409	Ruth Fisher	Yes	25/01/2016 13:59	
Select 😑 .		24/01/2016		Ward	W516	Louisa Johnson	Yes	25/01/2016 15:14	
Select		23/01/2016	23:00	Ward	W407	Zoe Carmichael	Yes	25/01/2016 10:00	
Select			05:05	ED	W410	TBC	Yes	28/01/2016 08:25	
		22/01/2016	13:00	Ward	W410	Clare Ferguson	Yes	25/01/2016 13:40	
			08:31	ED ED	W412 W407	TBC	Yes	28/01/2016 08:24	
Select e		21/01/2016	19:03	ED	W407	Steph Bright / Hanna	Yes	22/01/2016 15:33	-





MTC Tracker

Major Trauma Patients

Filter and So			-			
Filter and St		x				
Status: Act		<u>^</u>	Dis	scharge 🔘	New Patient	Find
Referral: All	Patient & Arrival Clinical Picture Rehabilitation Trauma Unit Referral Discharge Show A					
Filtered 70 active	Patient & Arrival					
r	Unit No. Forename Surname Predicted	ISS	us	When Ready	When Referred	Nearest TU
Select 🛛 🔴 /			r referral	-	-	QUEEN ELIZABETH HOSP
Select 🛛 🔴 f			r referral	-	-	QUEEN ELIZABETH HOSP
Select 🕒 I	17 Swanpool Medical Centre , Tipton					
Select 😑 I	Arrival Date/Time		r referral			SANDWELL GENERAL HOS
Select I	21/01/2016 19:0310 days LOS ongoing (not discharged from Tracker)		erred	-	-	[BBCHW] Sandwell Gen
Select I	Entry Point Current Location Expected Next Location		erred	-	-	Russells Hall Hospit
	ED W407 Select V					SANDWELL GENERAL
Select 😑 🛛	Arrived Ward 407, Bed 30 at 29/01/2016 05:34 under Mr.A.Belli		r referral	-	-	HOS
Select 🛑 🛛			r referral	-	-	QUEEN ELIZABETH HOSP
Select 🛑 I			r referral	-	-	QUEEN ELIZABETH HOSP
Select 🔴 I	Clinical Picture		r referral	-	-	OXFORD RADCLIFFE HOS
Select 🗧 [MTC Status TARN Eligible TARN Validated		erred	-	-	Russells Hall Hospit
Select 🔴 (Active Yes Select		r referral	-	-	Russells Hall Hospit
Select 😑 (Clinical History		r referral	-	-	WALSALL HOSPITALS NH
Select 🗧 f	Pedestrian v car. Patient hit bonnet and rolled off car onto railings. GCS E4 V1 M4 at scene. Self limiting convulsion 60-90 secs. No medication required. LMA inserted due to vomiting.	^	r referral	-	-	CITY HOSPITAL
Select 🔴 [INJURIES: - Bifrontal haemorrhagic contusions - Internet testes and		erred	-	-	QUEEN ELIZABETH HOSP
Select 🔴 I	 Intraventricular haemorrhage Free fluid in pelvis ?duodenal injury No spinal fractures - ? ligamentous injury 		erred	-	-	[BBCHW] University H
Select 🛛 🛑 1	??rib fractures - ril reported on CT scan		r referral	-	-	HEARTLANDS HOSPITAL
Select 🛑 🛙		_	r referral	-	-	SANDWELL GENERAL HOS
Select 🛛 🗧 🗄			et referred	29/01/2016 16:29) -	[BBCHW] University H
Select 🔴 I	Ongoing Comments ICP bolt inserted 21/1/16 & removed 26.1.16	*	erred	-	-	[BBCHW] University H
Select 🛛 🔴 J	Seen by general surgery - no surgical intervention indicated. MRI 22/1/16 re C. spine ligamentous injury - inconclusive - continue to wear Miami J collar		r referral	-	-	QUEEN ELIZABETH HOSP
Select 🔴 H	SV on 1 litre oxygen via Nasal Specs. Remains internative to native to wait mature commenced on Carbomazepine. SLT - 27.1.16 - commenced on Puree diet & free fluids		r referral	-	-	SANDWELL GENERAL HOS
Select 🔴 I	29/1/2016: Appears to be in PTA, no agitation today just not retaining information or events.		r referral	-	-	Russells Hall Hospit



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📥 🕡 👹

MTC Tra Major Trauma									📥 🥡 🜌
Filter and Sort Patients						\frown			
Status: Active	 Arrival: 01/02/2 	2015 to: 01/0	02/2016	- 🔿 🛛 🖪	ehabilitation 🔍 Or	ward Referral 🔍 Di	scharge 💿 🛛 🔊	lew Patient	Find
Status. Active	Anival.	10. 10.							
Referral: All	Sort: Arriva	al 🔘 Name 🔘 I	ocation	© т∪ © с	onsultant				
Filtered 70 active patients									
Name	Unit	Arrival	Time	Entry	Current Location	Referral Status	When Ready	When Referred	Nearest TU
Select 🔴		31/01/2016	22:03	ED	WCCB	Not ready for referral	-	-	QUEEN ELIZABETH HO
Select 🔴		31/01/2016	14:00	Ward	W409	Not ready for referral	-	-	QUEEN ELIZABETH HO
Select		31/01/2016	13:17	ED	W410				
									SANDWELL GENERAL
Select 🔴		31/01/2016		ED	wccc	Not ready for referral	-	-	HOS
Select 🔴		31/01/2016		Ward	W409	Not to be referred	-	-	[BBCHW] Sandwell G
Select 📕		31/01/2016	02:44	ED	W412	Not to be referred	-	-	Russells Hall Hospit
Select 🔴		30/01/2016	22:38	ED	wccc	Not ready for referral	-	-	SANDWELL GENERAL HOS
Select		30/01/2016		ED	W409	Not ready for referral	-	-	QUEEN ELIZABETH HO
Select 🔴		30/01/2016		ED	WCCB	Not ready for referral	-	-	QUEEN ELIZABETH HO
									OXFORD RADCLIFFE
Select 🔴		30/01/2016	05:36	ED	WCCC	Not ready for referral	-	-	HOS
Select 🔴		29/01/2016	06:35		W412	Not to be referred	-	-	Russells Hall Hospit
Select 😑		28/01/2016	14:12	ED	WCCB	Not ready for referral	-	-	Russells Hall Hospit
Select 🔴		28/01/2016	12:36	ED	W410	Not ready for referral	-	-	WALSALL HOSPITALS
Select 🔴		28/01/2016	07:21	ED	WCCC	Not ready for referral	-	-	CITY HOSPITAL
Select 🔴		28/01/2016	00:29	ED	W412	Not to be referred	-	-	QUEEN ELIZABETH HO
Select 🔴		27/01/2016	22:35	ED	W407	Not to be referred	-	-	[BBCHW] University
Select 🔴		27/01/2016	22:19	ED	WCCC	Not ready for referral	-	-	HEARTLANDS HOSPIT
Select 🔴		27/01/2016	08:00	ED	W412	Not ready for referral			SANDWELL GENERAL HOS
Select		26/01/2016		ED	W412 W412	Ready, not yet referred	29/01/2016 16:29	-	[BBCHW] University
Select		25/01/2016		ED	W412 W409	Not to be referred	-	-	[BBCHW] University
Select		24/01/2016		Ward	W516	Not ready for referral	-	-	QUEEN ELIZABETH HO
		, 01, 2010							SANDWELL GENERAL
Select 🔴		23/01/2016	23:00	Ward	W407	Not ready for referral	-	-	HOS
Select 🔴		23/01/2016	05:05	ED	W410	Not ready for referral	-	-	Russells Hall Hospit
e									



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MTC Tracker

Major Trauma Patients

Return to Tracker Patients page...

Referral Colours

Patient Referral Status colour rules for Blue, Red, Amber, and Green (BRAG) ...

Patient Status	Referal Status	Admission Date	Ready Date	Referral Date	Ref.Reason	Colour / Name
Not Active	-	-	-	-	-	Pending
Active	Pending	< 2 days	-	-	-	Pending
Active	Pending	> 2 days	-	None	-	Delayed
Active	Ready, not yet referred	-	Required	-	-	Delayed
Active	Ready and referred	-	Required	> 2 days	-	Delayed
Active	Not to be referred	-	-	-	Required	For Review
Active	Referral deferred (new status)	-	-	-	Required	For Review
Active	Not ready for referral	-	-	-	-	For Review
Active	Ready and referred	-	-	<= 2 days	-	Referred
Active	(any)	-	-	-	"UHB nearest TU"	Referred

User Guide

A comprehensive guide to using the MTC Tracker application...

Tracker User Guide

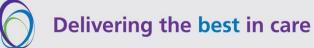
Reports					
System Usage	<u></u>				
Patient Dischar	E				
Data Export					
All Tracker Patients	tatus: Active Referral: All Arrival: 17/09/2013 to: 17/09/2014	Export			
Patient Transfers	Patient Transfers (this option is formatted for Patient Transfer reporting and will select all MTC Tracker Patients without a Discharge date)				
Patient Discharge	(this option contains the same information as the Patient Discharge report) Export				
Patient Loading	(this option lists all MTC Patients including their Age and nearest DGH - note this is a long-running task)	Export			



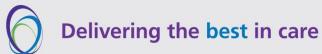
University Hospitals Birmingham

Select 🧶 🤇	
Select 🔴 (
Select 🔴 e	Rehabilitation
Select	Consultant involved Key Worker
Select I Select	Yes 🗨 Ruth Fisher
Select 🗧 /	Rehabilitation Prescription
Select 🧧 /	Front-sheet complete Front-sheet Date Fully Completed Date Last updated Date
Select 🗧 f	Yes 🕞 07/12/2015 11:18 14/01/2016 13:34
Select 🔴 🖡	
Select 🔴 🖡	Physical Factors Cognitive/Mood Psycho/Social Factors Yes Yes Yes
Select 🔴 F	Yes Ves V
Select 🔴 🖡	
Select 😑 J	Trauma
Select 🔴 🖡	
Select 🔴 😫	QUEEN ELIZABETH HOSPITAL BIRMINGHAM
	Trauma Network TU
Select 🔴 🖡	Other
Select 🔴 /	TU Comments
Select 🔴 I	A
Select 🔴 f	Ψ.
Select 🔴 🖡	
Select 🔴 I	
Select 🔴 🛛	Status
Select 😑 🤇	Current Status Status reason Date Ready
Select 📃 🕚	Ready and referred Clinical request 31/12/2015 13:00
Select 🧶	Comments
Select 🔴 /	MHH referral sent
Select 🔴 I	
Select 🔴 I	· · · · · · · · · · · · · · · · · · ·
Select 😑 I	
Select 🔴 🤇	Location-1
Select 🗧 I	Date Referred Date Accepted UHB medic Accepting Doctor
Select I	31/12/2015 13:00 04/01/2016 14:00 Therapy Dr Falope
	referral took 5.04 days to be accepted Accepting Location
Select • Select	INRU
Select 🗧 f	32 days elapsed
Select 🗧 I	C Location-2
Select 🔴 🖌	Location-Z

r referral	-	-	[BBCHW] Sandwell Gen
eferred	-	27/01/2016 00:00	HEARTLANDS HOSPITAL
r referral	-	-	STAFFORD HOSPITAL
r referral	-	-	QUEEN ELIZABETH HOSP
erred	-	-	[BBCHW] University H
r referral	-	-	New Cross Hospital
r referral	-	-	UNIVERSITY HOSPITALS
erred	-	-	[BBCHW] University H
erred	-	-	QUEEN ELIZABETH HOSP
erred	-	-	[BBCHW] University H
erred	-	-	QUEEN ELIZABETH HOSP
erred	-	-	Worcestershire Royal
erred	-	-	[BBCHW] University H
eferred	-	25/01/2016 08:45	[BBCHW] Walsall Mano
eferred	26/01/2016 15:51	26/01/2016 15:52	SANDWELL GENERAL HOS
r referral	-	-	[BBCHW] Walsall Mano
r referral	-	-	[BBCHW] Solihull Hos
erred	-	-	QUEEN ELIZABETH HOSP
r referral	-	-	SANDWELL GENERAL HOS
erred	-	-	QUEEN ELIZABETH HOSP
et referred	-	-	QUEEN ELIZABETH HOSP
erred	-	-	[BBCHW] University H
erred	-	-	[BBCHW] University H
et referred	-	-	[BBCHW] Sandwell Gen
erred	-	-	[BBCHW] City Hospita
r referral	-	-	SOLIHULL HOSPITAL
r referral	-	-	QUEEN ELIZABETH HOSP
erred	-	-	QUEEN ELIZABETH HOSP
erred	-	-	Russells Hall Hospit
et referred	-	-	EALING HOSPITAL
r referral	-	-	[BBCHW] Worcester Ro
eferred	19/01/2016 11:00	20/01/2016 12:00	HEARTLANDS HOSPITAL
eferred	06/01/2016 14:00	06/01/2016 14:00	[BBCHW] University H
erred	-	-	[BBCHW] University H
eferred	-	-	QUEEN ELIZABETH HOSP
r referral		14/01/2016 12:00	QUEEN ELIZABETH HOSP



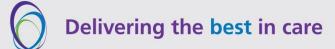
🐳 Preso	cribing Information & Communication System -	Hannah Farrell (Physio)	- 6 ×
System	Patient Print Help		
Reg. No.	New Patient	Class Class OLOS -50 Age 42y Sex M Directorate NEU Loc W409 Bed Cons STUS	G
Reviewed	Admit, Discharge, Transfer	🕨 NACPR/TEAL Hand Over Confirm patient identity Dep 🔄 1a 🚻 🐇 🚍	
/ Pat Ad	Messages	et & Observations & Assessments & ICU Notes & Classify & Drug Round & Prescription & Drug Chart & Alert List & Misc Res	
	Patient Information		
	Rehab/Discharge/Transfer Summary	Prepare Therapy Transfer Summary	
	Infection Control	Prepare Cardiac Rehab Summary	
	Handover Notes	Prepare Physiotherapy Transfer Summary	
	Enter Patient Weight/Height	Prepare Dietetic Transfer Summary Prepare Burns Therapy Transfer Summary	
	Episodes	Prepare Diabetes Discharge Summary	
	Allergies	Prepare Rehabilitation Prescription	
	GRACE Score		
	Bed Number Assignment		
	Bed Space Comments		
	Bed History		
	Change Dependency Level		
	Change Supportive Care Status		
	Change RDS Status		
	Change DNACPR/TEAL Status		
	Show DNACPR History		
	Change Blister Pack Status		
	Record Patient Review		
	Show Patient Review History	Select tab	
	SLT Dysphagia Review		
	Change Recovery at Home Status		
	COPD Bundle		
	Acute Reablement and Recovery		
	Significant Conversations		
	Has Died		
	Cancel Date Of Death		
	Change AHP Status		



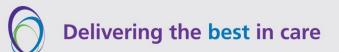
Rehabilitation Prescription

Kehabilitation prescription	and the second s	
Start of spell: 17/08/2014 19:1	6	
Episode start time 13/09/2014 19:3	8	
Intended Discharge Time:		
Actual Discharge Time:		
Date and time commenced	18/08/14 @ 11:10, updated 29/08/14 @ 16:20	
Patient's contact details		
Key worker name and contact details	Samantha Illingworth, Bleep 1180	
Date of injury	17/08/14	
мтс	, QEHB / Sandwell	
Rehab prescription type	Review	
TARN minimum dataset	,	
Rehab prescription completed	Yes C No C Not Required	
· · · · · · · · · · · · · · · · · · ·	Yes No Not Required	
Presence of physical factors affecting activities or participation		
Presence of cognitive/mood factors affecting activities or participation		
Presence of psychosocial factors affecting activitie or participation	IS Yes C No C Not assessed	
Initial GCS	14	
Estimated ISS		
Clinical history and list of all injuries	Motorcycle versus car at high speed approximately 60n INJURIES:	î 🖬
Summary of interventions to date	17/08/14 - Right ICD inserted 17/08/14 - Bilateral wrist wound debridement and bridge	
Progress, management and complications	Sedated and ventilated. Sedation off 29/08/14 to assess 17/08/14 - Not to log roll due to instability of instability of 29/08/14 - Acute departuration due to approximately approximatel	() E
Pre-injury/illness information		
Significant medical history	Nil known	
	,	B I U S E E E B B L Lick of All OK Cancel
i Current Barthel ADL index: 0		
i Current rehabilitation complexity score (RCS-ET	1: 23	

This rehab prescription has NOT been signed-off by a consultant in rehabilitation medicine.

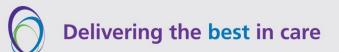


	uncasa las 3 🔛			x
Leisure	Motorcycling			*
<u>Summary</u>				
Rehabilitation goals (incl. time frame)	Establish management plans. Maintain chest clearance and range of movement as able within fracture limitations. Maat autrianal convicements astacally unit and intelle and he astablished		- -	
Key management plan (e.g. procedures/reviews awaited, advice etc.)	Flat bed rest due to SCI. Brace needed for CX, TX and LX Concernities assessment CV and LX the		-	
Services referred to (incl. contact details & waiting time)	Nurition and Dietetics 18/08/14 Speech and Language Therapy 8.9.14			
Other key information (e.g. patient/family wishes)				
				Ε
Patient or carer received copy of rehab prescription	C Yes © No		_	
Reason rehab prescription withheld	Sedated and ventilated.			-
Information shared with patient/carer				
Neurological/locomotor				
Neurological/Locomotor	Motor loss,Sensory loss/hypersensitivity,Pain		► dA	
Neuro/locomotor details and plan	PR in A&E - good anal tone and sensation No upper limb neurological deficit. Les lauver limb descensed L4 sensation and esis limiting mouranest. Diabt lauver limb. L3 descense	ad nannalian with descended descillavion names	, ,	
Respiratory				
Respiratory	Assisted ventilation,ET tube,Oxygen therapy) <u>i</u> ii	
Type of assisted ventilation	SPONT			
Respiratory details and plan	SPONT PS 20 PEEP 5 FiO2 0.45 Right intercostal drain in situ - for review by cardiothoracics +/- removal.			
Mobility and transfers				
Mobility and transfers	Nursed in bed) <i>i</i> ii	
Mobility and transfers details and plan	Miami J collar in situ. Roll in alignment. Awaiting sedation off and assessment of neurology to dete	rmine if patient has spinal cord damage.		
Castianana				
Continence				
CONTRACTICO	Catheter/pads/conveen		• #	-
			<u>C</u> ance	el
t Current Barthel ADL index: 0				
i Current rehabilitation complexity score (RCS-ET):				





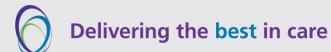
	annan in a D			x
Leisure	Motorcycling			*
<u>Summary</u>				
Rehabilitation goals (incl. time frame)	Establish management plans. Maintain chest clearance and range of movement as able within fracture limitations. Maat autrianal convicements astacally unit and intelle and he astablished		- -	
Key management plan (e.g. procedures/reviews awaited, advice etc.)	Flat bed rest due to SCI. Brace needed for CX, TX and LX Concernities approaches CV and LX the		-	
Services referred to (incl. contact details & waiting time)	Nurition and Dietetics 18/08/14 Speech and Language Therapy 8.9.14			
Other key information (e.g. patient/family wishes)				
				Ε
Patient or carer received copy of rehab prescription	C Yes © No		_	
Reason rehab prescription withheld	Sedated and ventilated.			-
Information shared with patient/carer				
Neurological/locomotor				
Neurological/Locomotor	Motor loss,Sensory loss/hypersensitivity,Pain		► dA	
Neuro/locomotor details and plan	PR in A&E - good anal tone and sensation No upper limb neurological deficit. Les lauver limb descensed L4 sensation and esis limiting meuromet. Diabt lauver limb. L3 descense	ad nannalian with descended descillavion names	, T	
Respiratory				
Respiratory	Assisted ventilation,ET tube,Oxygen therapy) <u>i</u> ii	
Type of assisted ventilation	SPONT			
Respiratory details and plan	SPONT PS 20 PEEP 5 FiO2 0.45 Right intercostal drain in situ - for review by cardiothoracics +/- removal.			
Mobility and transfers				
Mobility and transfers	Nursed in bed) <i>i</i> ii	
Mobility and transfers details and plan	Miami J collar in situ. Roll in alignment. Awaiting sedation off and assessment of neurology to dete	rmine if patient has spinal cord damage.		
Castianana				
Continence				
CONTRACTICO	Catheter/pads/conveen		• #	-
			<u>C</u> ance	el
t Current Barthel ADL index: 0				
i Current rehabilitation complexity score (RCS-ET):				





Rehabilitation prescription	annan in it 🖬		• X	-
Discharge planning			• #	*
Discharge planning and details	Too acute.			
injury management details [1]		7		
Injury 1	Traumatic SAH and small petechial haemorrhages			
Consultant/team	Neurosurgery			
Management plan	ICP bolt inserted 17/08/14		_	
Review date	Ongoing on ITU			
Action required	29/08/14 - ICP bolt no longer in situ.			
Injury management details (2)	1			
	Bilateral open wrist fractures			
	, · · ·			
	Trauma and Orthopaedics			
Management plan	ORIF 17/08/14			
Review date				Г
Action required	Plan - definitive management with plates and consider removal af	fter 8 weeks if stable and progressing and XRay satisfactory at this stage.		
				Ε
Injury management details (3)				
Injury 3	Multiple unstable spinal fractures			
Consultant/team	Neurosurgery			
Management plan	For MRI with contrast 18/08/14 and review. 28/08/14 - C5-T6 spinal fixation.			
Review date	Ongoing			
Action required	Post op management: Miami J collar and roll in alignment. Will requi	uire thoracic extension for mobilisation.		
Injury management details (4)	,			
Injury 4	Pelvic / Femoral fracture			-
		B 7 U 5 ■ ■ B C L Lick off All OK	<u>C</u> ancel	
i Current Barthel ADL index: 0				-
i Current rehabilitation complexity score (RCS-ET):	23			

This rehab prescription has NOT been signed-off by a consultant in rehabilitation medicine.



University Hospitals Birmingham

University Hospitals Birmingham NHS

NHS Foundation Trust www.uhb.nhs.uk

0121 627 2000

Rehabilitation Prescription (Discharge) Wed 24 Apr 2013 11:19



Ward: Ward 407

Core information

Date rehab prescription commenced: Patient contact details: Key worker name and contact details:

Date of injury: MTC: Discharge/transfer destination: 23.4.13 - 16.55 hours NOK: Snaron - Partner -Deborah Lane - Clinical Specialist Physiotherapist -07810 857226 14.11.12 QEHB Specialist Rehabilitation / Continuing Care setting

TARN minimum dataset

Rehab prescription completed: Physical factors: Presence of cognitive/mood factors: Presence of psychosocial factors: Yes

Assessment scores

Initial GCS:	3/15
Current RCS (ET):	20 (on 24/04/13)
Admission RCS (ET):	20 (on 24/04/13)

Clinical history and list of all injuries

RTC - Motorcyslist vs Car. Asystole at the scene - CPR x 1 cycle - Spontaneous output recovered. Sustained Right Parietal Small Subarachnoid bleed (initial CT Head -14.11.12) / Hypoxic Brain Injury (17.11.12 - repeat CT Head) / Bilateral Pulmonary Contusions with small pleural effusion. No bony injuries. Spine cleared.

Yes

Yes

Yes

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Summary of interventions to date

Initially required ITU care - intubated & ventilated. Required insertion of tracheostomy to aid weaning / airway protection. Conservative HI management (ICP Bolt inserted for 2/52 post-injury). Multi-therapy assessment & intervention throughout admission.

Progress, management and complications

Limited progress throughout hospital stay. Presenting with significant Spastic dystonia affecting head, trunk and all 4 limbs. Likely to require long-term tracheostomy. Remains oxygen dependent. Dependent for all aspects of care.

Pre-injury/illness information:

Significant medical history Mild Asthma

Family support

Lives with partner and three children (11, 12, 19). One daughter visits her father regularly. One daughter refuses to visit her father.

Previously worked as a mechanic. Previously enjoyed camping, reading, spending time with his family and music.

Work

Previously worked as a mechanic

Leisure

Enjoyed camping, reading, spending time with his family & music

Summary:

Rehabilitation goals

1. Ongoing tone management & maintenance of ROM relative to Spastic Dystonia presentation

2. Posture & Seating Assessment & Management

3. Ongoing liaison with UCAP team regarding tracheostomy management & weaning off oxygen therapy

4. Ongoing assessment & rehabilitation planning in relation to low arousal (minimally conscious) state

5. Multi-disciplinary discharge planning & Continuing Care needs assessment / planning

Key management plan

Insertion of ITB Pump - 1.3.13 (dose titration continuing under Neuro-rehab team guidance) PEG Insertion - 24.12.12

Services referred to

Worcester Wheelchair Services - 11.4.13

Other key information

Partner keen for John to be transferred to a rehabilitation facility / continuing care establishment closer to home. Park Attwood suggested.

Patient or carer received copy of rehab prescription

No

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RCS-E & Barthel Index

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🗣 Rehab Complexity Scale

Trauma patient					
Medical needs	3 - Potentially unstable media	cal /pschiatric condition			-
Medical needs details	Medical			Þ	<i>ģ</i> ģ
Care	2 · Requires help from 2 peop	ple			•
Risk	3 - High risk. Above standard	d observations AND managed (under MHA section		•
Skilled nursing needs	3 - Requires specialist nursin	ig care			•
Skilled musing needs details	General registered nursing,Re	ehab-trained nurses		Þ	<i>ĝ</i> ĝ
Therapy needs	Physic, 0/T, SLT, Dietetics, Sc	ocial work,Psychology		•	ġġ,
Therapy intensity	None Physio O/T	Psychology Counselling Orthotics	Play therapy/school DEA/Jobcentre Plus	ns	•
Equipment needs	✓ O/T ✓ SLT	Prosthetics	Recreational therapy		-
	 Dietetics Social work 	Rehab Engineer Music/art therapy			

Therapy needs

Tick therapy disciplines required to be actively involved in treatment.

herapy intensity

State overall intensity of trained therapy intervention required from team as a whole.

- Score 0 No therapy intervention or < 1 hour total/week. Rehab needs met by nursing/care staff or self-exercise programme.
- o Score 1 Low level. Less than daily e.g. assessment/review/maintenance/supervision OR group therapy only.
- Score 2 Moderate. Daily intervention. Individual sessions with one person to treat for most sessions OR very intensive group programme of ≥ 6 hours/day.
- Score 3 High level. Daily intervention with therapist PLUS assistant and/or additional group sessions.
- Score 4 Very High level. Very intensive e.g. 2 trained therapists to treat, or total 1:1 therapy > 30 hrs/week.

Equipment needs

Describes the requirements for personal equipment.

👩 Microsoft PowerPoint ...

🚞 Teaching &Presentati...

V PICS

- Score 0 No needs for special equipment.
- Score 1 Requires basic special equipment.
- o Score 2 Requires highly specialist equipment: for example electronic assistive technology or highly customized equipment.

💊 Rehab Complexity Scale

o Score 3 - Requires extremely specialist equipment: really fancy hi-tech trauma equipment only available in MTC.

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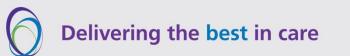
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ATC Tracker 2 - Wind...

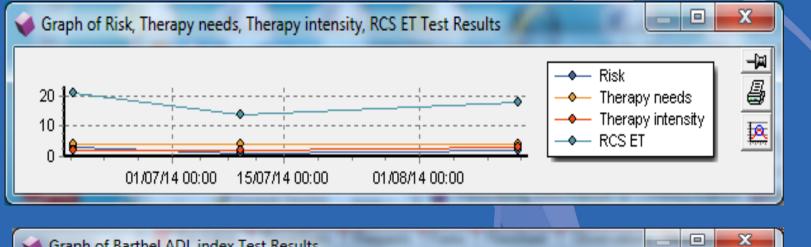
Delivering the best in care

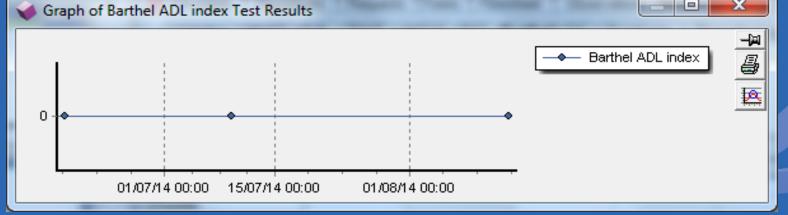
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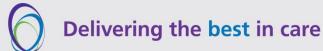




RCS-E & Barthel Outcome Measurement







University Hospitals

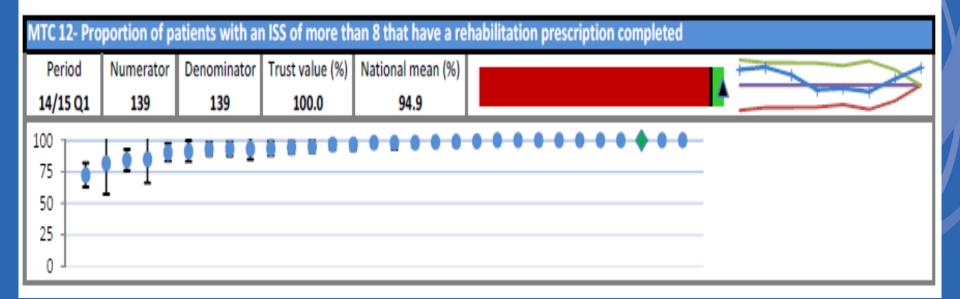
Major Trauma Dashboard

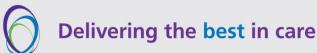
Q1 2014/15

Developed by the Major Trauma Clinical Reference Group Prepared for Major Trauma Centres by the Trauma Audit & Research Network

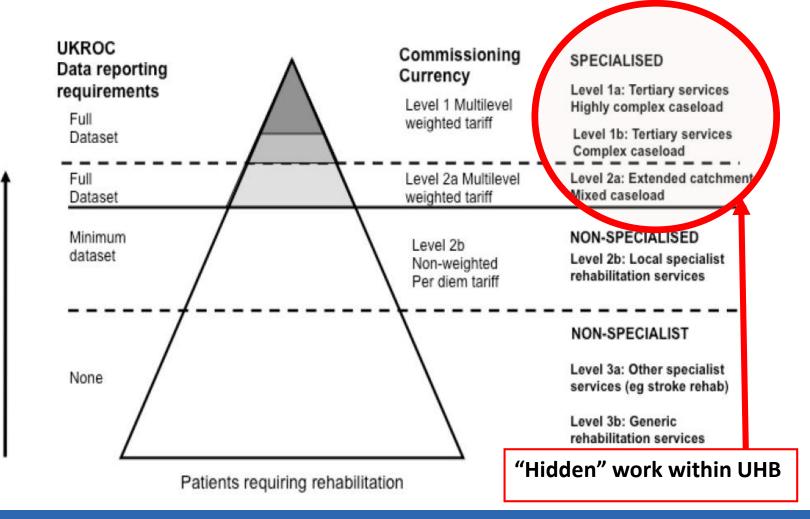
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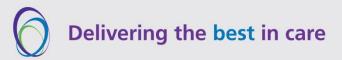
Please refer to the Support Document and Report Overview for details of the Major Trauma Measures





Complexity of caseload



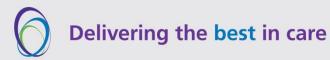


NHS England Service Specification for Specialist Rehabilitation

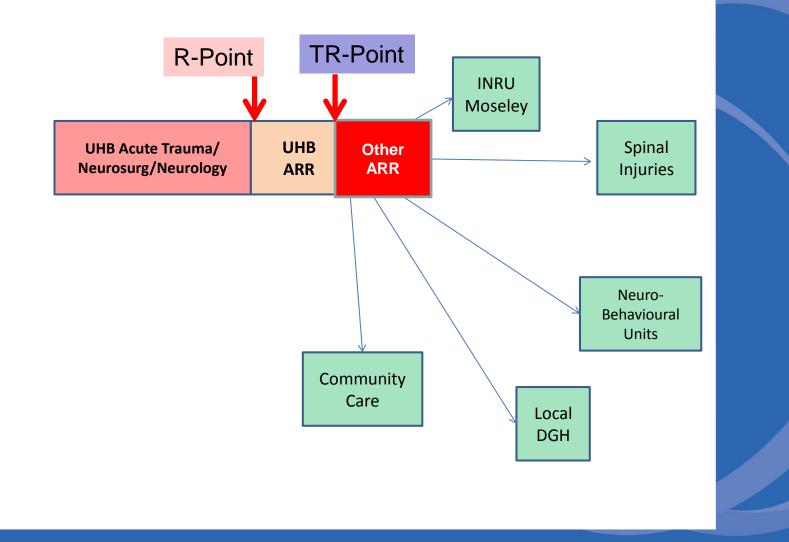
UKROC Registration requires complex data collection.

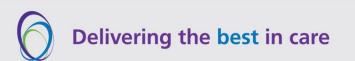
UHB Currently can't meet Specification

Cannot meet the Specified Workforce requirements without investment

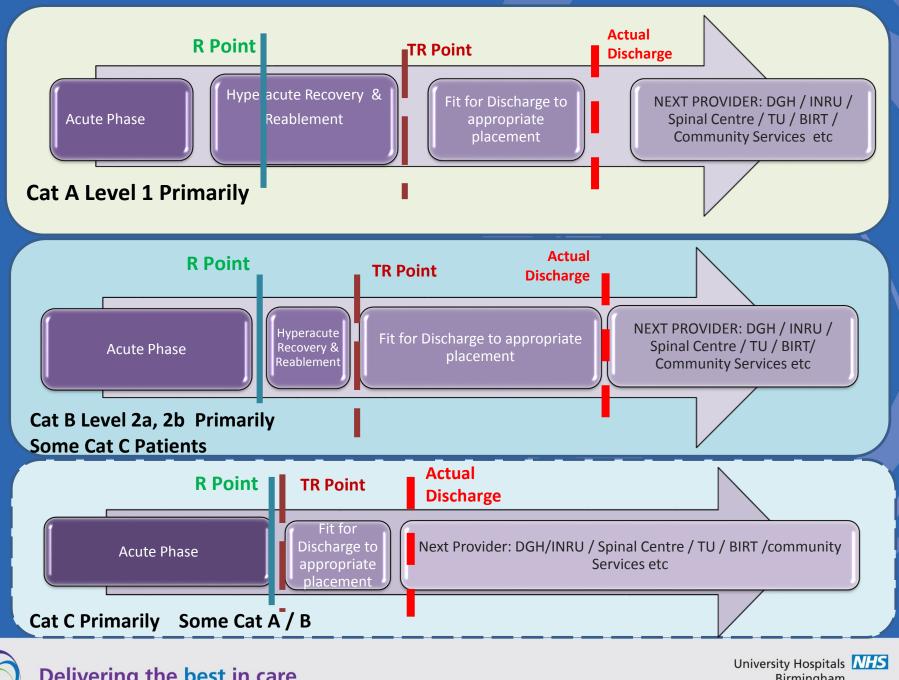


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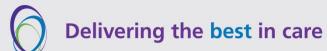


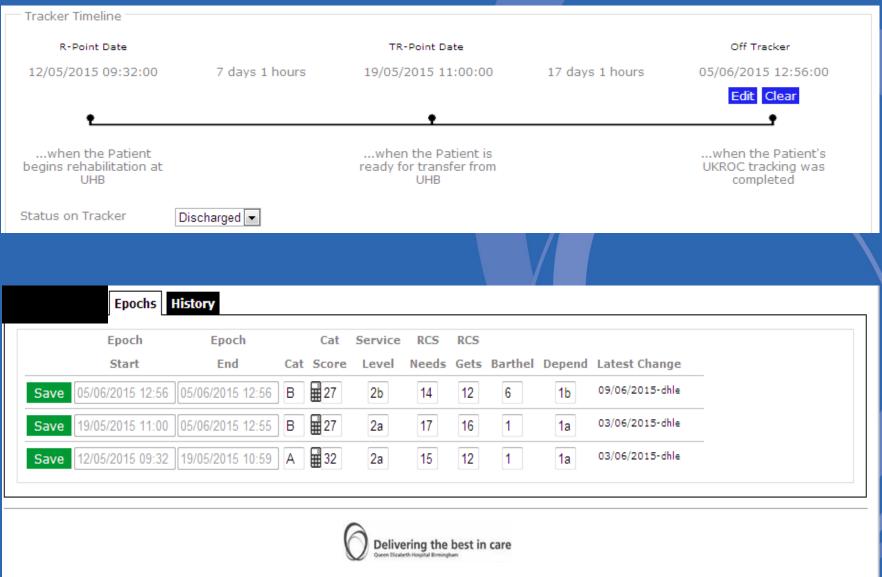


Delivering the best in care

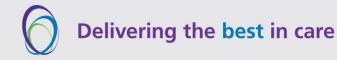
Birmingham **NHS Foundation Trust**

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Intended Discharge Destination Q3+4

Destination	Number Patients
Specialist Neuro Rehab and Spinal	128 [35%]
DGH	156 [42%]
Home	84 [23%]

Actual Discharge Destination Q3+4

Destination	Number Patients
Specialist Neuro Rehab and Spinal	40 [13%]
DGH	101 [34%]
Home	156 [53%]



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